

EAGLECREST RAPTORS



ATHLETICS

**SUMMER
SPORTS CAMPS
2018**

EAGLECREST HIGH SCHOOL 2018 SUMMER SPORTS CAMPS

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EHS BOYS BASKETBALL

Program Description: Boys basketball is a winter sport that currently offers three teams (Varsity, JV and C) and try outs are required.

Contact: Jarris Krapcha
jkrapcha@cherrycreekschools.org

EHS GIRLS BASKETBALL

Program Description: Girls basketball is a winter sport that currently offers three teams (Varsity, JV and C) and try outs are required.

Contact: Robbie Gabrielli
(516) 241-5746
rgabrielli@cherrycreekschools.org

EHS CHEER

Program Description: Eaglecrest offers competitive cheer at three levels with tryouts required.

For more information: www.eaglecrestcheer.com

Contact: Alisha Chiarelli
720-935-2106
achiarelli@cherrycreekschools.org

EHS RAPTOR FOOTBALL CAMP

Program Description: This camp will consist of 3 days of non-contact football drills followed by 3 days of full contact. Players will learn offensive and defensive skills and terminology used by EHS Varsity Football.



Open to: EHS incoming Grades 10-12	Cost: \$75
Dates: June 11 – 13 (NON CONTACT) June 14, 18-19 (CONTACT)	Staff: Staff: EHS Coaching Staff
Time: 9:00 – 11:00 am	Contact: Dustin Delaney 316-207-5804 ddelaney5@cherrycreekschools.org
Location: EHS Football Fields	Registration: MileHighSportsCamps.com

EHS RAPTOR FOOTBALL FRESHMAN CAMP

Program Description: This camp will consist of 4 days of non-contact football drills. Players will learn offensive and defensive skills and terminology used by EHS Varsity Football.



Open to: EHS incoming freshmen (2018-2019 School Year)	Cost: \$75
Dates: June 4 – 7	Staff: Staff: EHS Coaching Staff
Time: 9:00 – 11:00 am	Contact: Dustin Delaney 316-207-5804 ddelaney5@cherrycreekschools.org
Location: EHS Football Fields	Registration: MileHighSportsCamps.com

EHS RAPTOR SAS (Speed/Agility/Strength) CAMP



Program Description: SAS camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports. Required dress is t-shirt, shorts, and tennis shoes.

Open to: All EHS students & incoming freshmen	Cost: \$100
Dates: June 4 – August 2 (M/T/Th) Week of July 2 – 6 OFF	Staff: EHS Coaching Staff
Time: 9:30 – 11:30 am	Contact: Dustin Delaney 316-207-5804 ddelaney5@cherrycreekschools.org
Location: EHS Track, Gym & Weight Room * meet in weight room	
Registration: MileHighSportsCamps.com	

EHS RAPTOR FOOTBALL SAS (Speed/Agility/Strength) CAMP



Program Description: SAS camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports. Required dress is t-shirt, shorts, and tennis shoes.

Open to: Open to: Grades 9-12	Cost: \$75
Dates: June 4 – August 2 (M/T/Th) Week of July 2 – 6 OFF	Staff: EHS Coaching Staff
Time: 7:30 – 9:30 am	Contact: Dustin Delaney 316-207-5804 ddelaney5@cherrycreekschools.org
Location: EHS Track, Gym & Weight Room * meet in weight room	
Registration: MileHighSportsCamps.com	

EHS BOYS GOLF

Program Description: Eaglecrest Boys Golf is a competitive program that produced the 2017 5A State champion and offers opportunities for a range of ability levels, from beginners to experienced tournament golfers. Our mission is to educate players about rules and expectations--especially of competitive play--to improve individual skills, and to grow the love of the game.

Contact: Stan Adams
303-648-3355
sadams@cherrycreekschools.org

EHS GIRLS GOLF

Program Description: Eaglecrest Girls Golf is a competitive program that offers opportunities for a range of ability levels, from beginners to experienced tournament golfers. Our mission is to educate players about rules and expectations--especially of competitive play--to improve individual skills, and to grow the love of the game.

Contact: John Olander
jolander@cherrycreekschools.org

EHS GYMNASTICS (Co-Op with CCHS and OHS)

Program Description: The Cherry Creek School District is proud to be home to two of the most competitive and respected gymnastics programs in Colorado. Each program has a proud history within high school gymnastics, and continues to grow each year. Our goal for both teams is to provide gymnasts with a place where they can grow physically and mentally throughout their high school careers. In addition, both programs strive to teach teamwork, sportsmanship, and life skills that the athletes will carry with them past graduation. At a district level, we are proud of the legacy we have established in Colorado Gymnastics and strive to continue building two thriving teams. Please contact either coach for more information.

Contact: Jan Bess Steward (CCHS)

303-921-9174

janbess@me.com

Lisa Sparrow (OHS)

lisa@achievegymnastics.com

EHS POMS

Program Description: Eaglecrest offers competitive poms at two levels with tryouts required.

For more information: **<https://sites.google.com/site/ehsraptorpoms/>**

Contact: Cayla Berry

303-916-3337

berry.cayla@gmail.com

EHS BOYS LACROSSE

Program Description: Our boys lacrosse program offers our players the opportunity to build character and teamwork through participating in summer, fall, and winter lacrosse leagues. Eaglecrest offers Varsity and JV programs currently for Boys Lacrosse

Contact: Hayden King

kinghm@rams.colostate.edu

EHS GIRLS LACROSSE

Program Description: Our girls lacrosse program offers our players the opportunity to build character and teamwork through participating in summer, fall, and winter lacrosse leagues. Eaglecrest offers Varsity and JV programs for Girls Lacrosse.

Contact: Patrick Quinlan

pquinlan@cherrycreekschools.org

EHS BOYS SOCCER

Program Description: Boys Soccer is a fall sport that currently offers three teams (Varsity, JV, and C) and tryouts are required. For summer workout information contact Head Coach Matt Best.

Contact: Matt Best

mbest3@cherrycreekschools.org

EHS GIRLS SOCCER

Program Description: Girls Soccer is a spring sport that currently offers three teams (Varsity, JV and C) and try outs are required.

Contact: Kari Hamilton
720-224-8775
khamilton17@cherrycreekschools.org

EHS BOYS/GIRLS TRACK

Program Description: Boys and Girls Track: The track programs at Eaglecrest has a history of success, winning a State Championship in 2002 and qualifying numerous athletes to the state meet yearly. The coaches of our track program are committed to providing the best experience for any athlete that wants to participate.

Contact: John Green and Dean Williams
otdathletics@gmail.com
dwilliams110@cherrycreekschools.org

EHS UNIFIED

Program Description: Eaglecrest is excited to offer cheer in the fall, basketball in the winter and track in the spring.

Contact: Kelley Zimmerman
kzimmerman2@cherrycreekschools.org

EHS FUTURE RAPTOR SAS (Speed/Agility/Strength) CAMP

Program Description: SAS camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports so you can learn the Raptor Way. Required dress is t-shirt, shorts, and tennis shoes.



Open to: Grades 7-8	Cost: \$75
Dates: June 4 – August 2 (M/W) Week of July 2 – 6 OFF	Staff: EHS Coaching Staff
Time: 11:00 – 12:00 pm	Contact: Dustin Delaney 316-207-5804 ddelaney5@cherrycreekschools.org
Location: EHS Track, Gym & Weight Room	
Registration: MileHighSportsCamps.com	

EHS FUTURE RAPTOR DEVELOPMENTAL WRESTLING CAMP

Program Description: This camp is open to any 6th – 8th grade athletes who are looking to learn the sport of wrestling.



Open to: Grades 6 – 8	Staff: EHS Men’s & Women’s Coaching Staff plus support from current HS athletes
Dates: April 3 – 19 (T/Th)	
Time: 4:30 – 6:00 pm	Contact: Coach Quintana, Men’s coach 303-507-5128 jquintana12@cherrycreekschools.org Lamont Sparky Adair, Women’s coach 720-313-3360 ladair@cherrycreekschools.org
Location: EHS Wrestling Room	
Cost: \$80	
Registration: MileHighSportsCamps.com	

EHS RAPTOR INTENSIVE WRESTLING CAMP

Program Description: ???



Open to: Any 5th-8th grade wrestlers	Cost: \$130
Dates: 5/29, 5/30, 5/31	Staff: EHS Men’s Wrestling Coaches
Time: 9:00am-1:00pm	Contact: Coach Quintana, Men’s coach 303-507-5128 jquintana12@cherrycreekschools.org
Location: EHS Wrestling Room	
Registration: MileHighSportsCamps.com	

There will be a 30 minute lunch break, bring a sack lunch.

