

**EAGLECREST RAPTORS**



**ATHLETICS**

**SUMMER  
SPORTS CAMPS  
2019**



## **EHS 2019 SUMMER SPORTS CAMPS**

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# EHS SUMMER SPORTS CAMPS

## EHS RAPTOR SAS (Speed/Agility/Strength) CAMP

**Program Description:** SAS camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports. Required dress is t-shirt, shorts, and tennis shoes.



<b>Open to:</b> All EHS students & incoming freshmen	<b>Cost:</b> \$100
<b>Dates:</b> June 10 – July 25 (M/T/Th) Week of July 1 – 5 OFF	<b>Staff:</b> Deann Williams
<b>Time:</b> 10:00 AM- 12:00 PM	<b>Contact:</b> Deann Williams <a href="mailto:dwilliams110@cherrycreekschools.org">dwilliams110@cherrycreekschools.org</a>
<b>Location:</b> Eaglecrest Weight Room	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS RAPTOR FOOTBALL SAS (Speed/Agility/Strength) CAMP

**Program Description:** The SAS football camp is designed to improve strength, speed and overall athleticism. This is done by teaching proper techniques in explosive Olympic style weight training, stability and balance training, partnered with a variety of athletic movements designed for all sports. Required dress is t-shirt, shorts, and tennis shoes.



<b>Open to:</b> All EHS football players 9-12th Grade	<b>Cost:</b> \$75
<b>Dates:</b> June 4 – August 1st (M/T/W/Th) Week of July 1 – 5 OFF	<b>Staff:</b> Shawn Marsh
<b>Time:</b> 7:30 – 9:30 am	<b>Contact:</b> Shawn Marsh <a href="mailto:shawn.marsh@d51schools.org">shawn.marsh@d51schools.org</a>
<b>Location:</b> EHS Weight Room	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS RAPTOR FOOTBALL SUMMER CAMP

**Program Description:** This football camp is designed to get players ready for the start of official practice August 12th and the upcoming season. Required dress is football gear and cleats.



<b>Open to:</b> Eaglecrest football players	<b>Cost:</b> \$75
<b>Dates:</b> June 10-June 14 & June 17-21	<b>Staff:</b> Shawn Marsh
<b>Time:</b> 10:00 AM-12:00 PM	<b>Contact:</b> Shawn Marsh <a href="mailto:shawn.marsh@d51schools.org">shawn.marsh@d51schools.org</a>
<b>Location:</b> EHS Practice Football Field	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS RAPTOR FOOTBALL PRESEASON CAMP

**Program Description:** This football camp is designed to get players ready for the start of official practice August 12th and the upcoming season. Required dress is football gear and cleats



<b>Open to:</b> Eaglecrest football players	<b>Cost:</b> \$75
<b>Dates:</b> August 5-9	<b>Staff:</b> Shawn Marsh
<b>Time:</b> 4:00 - 6:00 PM	<b>Contact:</b> Shawn Marsh <a href="mailto:shawn.marsh@d51schools.org">shawn.marsh@d51schools.org</a>
<b>Location:</b> EHS Practice Football Field	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS MIDDLE SCHOOL SOCCER CAMP

**Program Description:** All Middle School Soccer Players, boys and girls of all soccer skill levels interested in improving soccer ability, tactically and technically. The focus is on developing and refining individual skills, team tactics and concepts.



<b>Open to:</b>	<b>Cost:</b> \$60
<b>Dates:</b> May 21-23	<b>Staff:</b> Kari Hamilton
<b>Time:</b> 4:00-5:30 PM	<b>Contact:</b> Kari Hamilton <a href="mailto:khamilton17@cherrycreekschools.org">khamilton17@cherrycreekschools.org</a>
<b>Location:</b> Thunder Ridge MS soccer fields	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS SUMMER TENNIS ACADEMY SESSION 1

**Program Description:** This summer the Eaglecrest Tennis coaches will be hosting a Tennis Academy. The purpose of the Academy is to prepare current Eaglecrest players and any interested middle school students to play tennis at Eaglecrest High School. The cost of the Academy is \$60 and includes instruction from Eaglecrest tennis coaches around basic skill development and conditioning required to play the sport of tennis.



<b>Open to:</b> Incoming Freshmen- Seniors	<b>Cost:</b> \$60
<b>Dates:</b> June 3-7; June 10-14; June 17, 18	<b>Staff:</b> Alex Moore
<b>Time:</b> 9 AM- 11 AM	<b>Contact:</b> Alex Moore <a href="mailto:amoore4@cherrycreekschools.org">amoore4@cherrycreekschools.org</a>
<b>Location:</b> EHS Tennis Courts	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS SUMMER TENNIS ACADEMY SESSION 2



**Program Description:** This summer the Eaglecrest Tennis coaches will be hosting a Tennis Academy. The purpose of the Academy is to prepare current Eaglecrest players and any interested middle school students to play tennis at Eaglecrest High School. The cost of the Academy is \$60 and includes instruction from Eaglecrest tennis coaches around basic skill development and conditioning required to play the sport of tennis.

<b>Open to:</b> Incoming Freshmen- Seniors	<b>Cost:</b> \$60
<b>Dates:</b> July 15-19; July 22-26; July 29,30	<b>Staff:</b> Alex Moore
<b>Time:</b> 9 AM- 11 AM	<b>Contact:</b> Alex Moore <a href="mailto:amoore4@cherrycreekschools.org">amoore4@cherrycreekschools.org</a>
<b>Location:</b> EHS Tennis Courts	
<b>Registration:</b> <a href="http://MileHighSportsCamps.com">MileHighSportsCamps.com</a>	

## EHS SPORTS WITH NO SUMMER CAMPS

### EHS BOYS BASKETBALL

**SEASON:** Winter

**PROGRAM DESCRIPTION:** Boys Basketball is a winter sport that currently offers four teams (Varsity, JV, Sophomore and Freshman) and try outs are required. Eaglecrest produced 5A State champion teams in 2013 and 2017.

**CONTACT:** Jarris Krapcha – [jkrapcha@cherrycreekschools.org](mailto:jkrapcha@cherrycreekschools.org)

### EHS GIRLS BASKETBALL

**SEASON:** Winter

**PROGRAM DESCRIPTION:** Girls Basketball is a winter sport that currently offers three teams (Varsity, JV and C) and try outs are required.

**CONTACT:** Robbie Gabrielli – [pgabrielli2@cherrycreekschools.org](mailto:pgabrielli2@cherrycreekschools.org)

### EHS CHEER

**SEASON:** Fall & Winter

**PROGRAM DESCRIPTION:** Eaglecrest offers competitive cheer at three levels with tryouts required. For more information: [www.eaglecrestcheer.com](http://www.eaglecrestcheer.com)

**CONTACT:** Alisha Chiarelli – [achiarelli@cherrycreekschools.org](mailto:achiarelli@cherrycreekschools.org)

### EHS BOYS GOLF

**SEASON:** Fall

**PROGRAM DESCRIPTION:** Eaglecrest Boys Golf is a competitive program that produced the 2017 5A State champion and offers opportunities for a range of ability levels, from beginners to experienced tournament golfers. Our mission is to educate players about rules and expectations--especially of competitive play--to improve individual skills, and to grow the love of the game.

**CONTACT:** Stan Adams – [sadams@cherrycreekschools.org](mailto:sadams@cherrycreekschools.org)

### EHS GIRLS GOLF

**SEASON:** Spring

**PROGRAM DESCRIPTION:** Eaglecrest Girls Golf is a competitive program that produced the 2018 5A State champion and offers opportunities for a range of ability levels, from beginners to experienced tournament golfers. Our mission is to educate players about rules and expectations--especially of competitive play--to improve individual skills, and to grow the love of the game.

**CONTACT:** John Olander – [jolander@cherrycreekschools.org](mailto:jolander@cherrycreekschools.org)

## EHS GYMNASTICS (Co-Op with Cherry Creek & Overland)

**SEASON:** Fall

**PROGRAM DESCRIPTION:** The Cherry Creek School District is proud to be home to two of the most competitive and respected gymnastics programs in Colorado. Each program has a proud history within high school gymnastics, and continues to grow each year. Our goal for both teams is to provide gymnasts with a place where they can grow physically and mentally throughout their high school careers. In addition, both programs strive to teach teamwork, sportsmanship, and life skills that the athletes will carry with them past graduation. At a district level, we are proud of the legacy we have established in Colorado Gymnastics and strive to continue building two thriving teams. Please contact either coach for more information.

**CONTACT:** Jan Bess Stewart (CCHS) – [janbess@me.com](mailto:janbess@me.com)  
Lisa Sparrow (OHS) – [lisa@achievegymnastics.com](mailto:lisa@achievegymnastics.com)

## EHS BOYS LACROSSE

**SEASON:** Spring

**PROGRAM DESCRIPTION:** Our boys lacrosse program offers our players the opportunity to build character and teamwork through participating in summer, fall, and winter lacrosse leagues. Eaglecrest offers Varsity and JV programs currently for Boys Lacrosse

**CONTACT:** Hayden King – [coachking28@gmail.com](mailto:coachking28@gmail.com)

## EHS GIRLS LACROSSE

**SEASON:** Spring

**PROGRAM DESCRIPTION:** Our girls lacrosse program offers our players the opportunity to build character and teamwork through participating in summer, fall, and winter lacrosse leagues. Eaglecrest offers Varsity and JV programs for Girls Lacrosse.

**CONTACT:** Patrick Quinlan – [pquinlan@cherrycreekschools.org](mailto:pquinlan@cherrycreekschools.org)

## EHS POMS

**SEASON:** Fall & Winter

**PROGRAM DESCRIPTION:** Eaglecrest is excited to offer cheer in the fall, basketball in the winter and track in the spring.

**CONTACT:** Cayla Berry – [berry.cayla@gmail.com](mailto:berry.cayla@gmail.com)

## EHS GIRLS SOCCER

**SEASON:** Spring

**PROGRAM DESCRIPTION:** Girls Soccer is a spring sport that currently offers three teams (Varsity, JV and C) and try outs are required.

**CONTACT:** Kari Hamilton – [khamilton17@cherrycreekschools.org](mailto:khamilton17@cherrycreekschools.org)



## EHS BOYS SOCCER

**SEASON:** Fall

**PROGRAM DESCRIPTION:** Boys Soccer is a fall sport that currently offers three teams (Varsity, JV and C) and try outs are required. Contact head coach Matt Best for summer camps and additional opportunities.

**CONTACT:** Matt Best – [mbest3@cherrycreekschools.org](mailto:mbest3@cherrycreekschools.org)

## EHS GIRLS SWIM AND DIVE

**SEASON:** Winter

**PROGRAM DESCRIPTION:** Swimming is a winter sport at Eaglecrest with Varsity and JV levels. Contact head coach Jillian Fehringer for more information

**CONTACT:** Jillian Fehringer – [jfehringer@cherrycreekschools.org](mailto:jfehringer@cherrycreekschools.org)

## EHS BOYS/GIRLS TRACK

**SEASON: FALL, WINTER,** Spring

**PROGRAM DESCRIPTION:** Boys and Girls Track: The track programs at Eaglecrest has a history of success, winning a State Championship in 2002 and qualifying numerous athletes to the state meet yearly. The coaches of our track program are committed to providing the best experience for any athlete that wants to participate.

**CONTACT:** John Green and  
[otdathletics@gmail.com](mailto:otdathletics@gmail.com)  
Deann Williams – [dwilliams110@cherrycreekschools.org](mailto:dwilliams110@cherrycreekschools.org)

## EHS UNIFIED SPORTS – CHEER, BASKETBALL & TRACK

**SEASON:** Fall, Winter, Spring

**PROGRAM DESCRIPTION:** Eaglecrest is excited to offer cheer in the fall, basketball in the winter and track in the spring.

**CONTACT:** Kelley Zimmerman  
[kzimmerman2@cherrycreekschools.org](mailto:kzimmerman2@cherrycreekschools.org)

## EHS VOLLEYBALL

**SEASON:** Fall

**PROGRAM DESCRIPTION:** The volleyball program at Eaglecrest is coming off a 5A Final Four appearance in 2018 and offers four levels (Varsity, JV, Soph, and Frosh) for girls to experience. Contact head coach Tanya Bond for summer programs.

**CONTACT:** Tanya Bond – [tbond@cherrycreekschools.org](mailto:tbond@cherrycreekschools.org)

## EHS WRESTLING

**SEASON:** Winter

**PROGRAM DESCRIPTION:** Wrestling at Eaglecrest offers a variety of opportunities and competitions during the summer and is coming off their highest finish at the 5A State tournament this past season. Contact head coach Javier Quintana for more information..

**CONTACT:** Javier Quintana – [jquintana12@cherrycreekschools.org](mailto:jquintana12@cherrycreekschools.org)

## EHS GIRLS WRESTLING

**SEASON:** Winter

**PROGRAM DESCRIPTION:** Eaglecrest offers wrestling for girls for those interested. Contact head coach Sparky Adair for more information.

**CONTACT:** Sparky Adair– [ladair@cherrycreekschools.org](mailto:ladair@cherrycreekschools.org)

## EHS CROSS-COUNTRY

**SEASON:** Fall

**PROGRAM DESCRIPTION:** Cross-Country is a fall sport that will have summer workouts to get ready for the season. Contact head boys coach Jason Jensen or head girls coach Alison Engle for more information.

**CONTACT:** JJason Jensen – [jjensen6@cherrycreekschools.org](mailto:jjensen6@cherrycreekschools.org)  
Alison Engle – [aengle@cherrycreekschools.org](mailto:aengle@cherrycreekschools.org)



